

Tas Parkinson's Project Webinar – Communication Matters

Speech Pathology Resource Ideas

1. Examples of speech pathology evidence-based interventions (Speech and Voice):

- LSVT Loud: <https://www.lsvtglobal.com/LSVTLoud>
- Speak Out: <https://parkinsonvoiceproject.org/program/speak-out/>
- ParkinSong: <https://blogs.unimelb.edu.au/mind/parkin-song/>
- Communication Partner Training: <https://www.betterconversations-parkinsons.com/communicating-with-parkinson-s>

2. Find a speech pathologist

- Talk to your GP, neurologist or other health professionals – they may be able to recommend local speech pathologists and provide advice on funding (e.g. NDIS eligibility, My Aged Care, Chronic Disease Management Plans).
- Speak with a local university offering a speech pathology program – they may be able to recommend local speech pathologists or link you with university clinic or research opportunities.
- Use the Speech Pathology Australia Find a Speech Pathologist search function: https://www.speechpathologyaustralia.org.au/Public/Shared_Content/Smart-Suite/Smart-Maps/Public/Find-a-Speech-Pathologist.aspx
- The LSVT Global website can help you find a LSVT Loud certified speech pathologist in your area (or offering telehealth services): <https://www.lsvtglobal.com/LSVTFindClinicians>


3. Apps

- Speak Up for Parkinson's App: <https://apps.apple.com/us/app/speak-up-for-parkinsons/id784117908>
- Example Sound Level Meter App: <https://apps.apple.com/us/app/niosh-sound-level-meter/id1096545820>
- Tactus Therapy Apps: [Tactus Therapy: Speech Therapy Apps for Adults with Aphasia after Stroke](#)
 - Parkinson's Info Page: <https://tactustherapy.com/parkinsons-disease-pd-improve-speech-therapy/>

Talk to your speech pathologist about other Apps available. They can help tailor and customise!

4. Research opportunities

Researchers at Curtin University are developing a website to share communication strategies and tips that people with Parkinson's and their families have discovered! A great opportunity to learn more!

 Curtin University

Do you have Parkinson's and have difficulty with conversations? OR

Do you frequently converse with someone who has Parkinson's and has difficulties with conversations?


Are you interested in helping to evaluate a website for people with Parkinson's and their families, to help them have successful conversations?

We are seeking people with this background to evaluate a website that we have co-designed with people with Parkinson's and their families to help people with Parkinson's and the people they are close to have more effective conversations. You don't need to have any special knowledge about speech pathology or website design to evaluate this website. Your own experiences with Parkinson's is what we are looking for.

You will do the following:

- 1) Spend 10-20 minutes using the To hear and be heard website
- 2) Spend approximately 15 minutes filling it out a questionnaire about your experience

If you are interested in taking part, please email: naomi.cocks@curtin.edu.au or phone 9266 2466.



Curtin University Human Research Ethics Committee (HREC) has approved this study (HRE2022-0272). Should you wish to discuss the study with someone not directly involved, in particular, any matters concerning the conduct of the study or your rights as a participant, or you wish to make a confidential complaint, you may contact the Ethics Officer on (08) 9266 9223 or the Manager, Research Integrity on (08) 9266 7093 or email hrec@curtin.edu.au.

I hope these resources are helpful and a good place to start. Remember, communication matters and your voice deserves to be heard! You are welcome to contact me if you would like further information or direction.

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1st May, 2024